

MY PHONE, MY FRENEMY
by Rev. Jamie Hinson-Rieger
Sunday, January 11, 2026

*“We are in great haste to construct a magnetic telegraph from Maine to Texas; but
 Maine and Texas, it may be, having nothing important to communicate.”*
 -Henry David Thoreau

Senior Minister SM Rev. Jamie Hinson-Rieger
 Minister of Faith Development MFD Rev. Annie Gonzalez
 Worship Associate WA Rich Suval
 Lay Pastoral Associate LPCA Elizabeth Connors
 Dir. of Faith Dev. For Children DFDC Nate Sellers
 Music Director MD Brad Conner
 Youth Choir Director LCD Janet Welby
 Steve Sussman, *piano*

A Warm Thanks to Today's Volunteers

Bob Dorer, Stephanie Keep, Susan Lincoln & Clayton Springer

Focal Point

Donated by Wendy Innis

If you are visiting today, Welcome!

After services, all are invited to join us for fellowship and coffee in the Common Room. Stop by the Welcome Table and complete a blue card to be added to our email list.

Assistance & Accessibility

Hearing assisting devices are located at the back of the Sanctuary and in Page Room. Large print bulletins and hymnals are available. All floors are accessible by our elevator at the Elm St. entrance. If you prefer privacy, the back two rows of pews and the upstairs Bacon room will not appear on zoom. Our masking & fragrance-free room is located on the 2nd floor. Noise cancelling earphones are available. Ushers are on hand to help. Please wear a name tag. New tags can be requested at the Welcome Table.

Youth

†All children, 4 to 14, are invited to join classes. Childcare for infants and children under 3 is available most Sunday mornings in our downstairs nursery.

Today's FD Classrooms

PreK - 5th Rm L02
 6th-7th Rm 204

ORDER OF SERVICE

SOUND OF THE BELL

PRELUDE

WELCOME and ANNOUNCEMENTS WA

CHALICE LIGHTING

OPENING WORDS SM

*OPENING HYMN

“May Nothing Evil Cross This Door” No. 1

**UNISON AFFIRMATION

TIME FOR ALL AGES DFDC

SINGING THE CHILDREN OUT

May your mind be open to new learning

May your lips bring truth into the world

May your heart know love, and your hands do the work of justice
 as you go your way in peace, as you go your way in peace.

CAPITAL CAMPAIGN REFLECTION

“On Legacy: Bring Your Foot Warmer?” by Sharon McDonald

RESPONSIVE READING WA

“To Be of Use” No. 567 by Marge Piercy

JOYS AND CONCERNS LPCA

MEDITATION HYMN

“Spirit of Life” No. 123

REFLECTION WA

“My Cellphone Saved My Life” by Rich Suval

OFFERING WORDS SM

OFFERTORY

SERMON SM

“My Phone, My Frenemy” by Rev. Jamie

CLOSING HYMN

“Wake, Now, My Senses, v. 1,2, and 5” No. 298

BENEDICTION AND EXTINGUISH CHALICE SM

POSTLUDE

*Please rise in body or spirit. **Please see back of bulletin.

ANNOUNCEMENTS

CAPITAL CAMPAIGN UPDATE

On Monday, Jan. 12 from 6:30-8pm,, GreenerU will facilitate a second Capital Campaign workshop. GreenerU will overview projects it has been investigating: HVAC, fire protection, back-up power and energy efficiency. Results from last month's survey and FPB priorities will also be discussed. Everyone is welcome to join Monday evening's Zoom call:
<https://us02web.zoom.us/j/83007512549?pwd=A2hVYbGDSnvosRZ1bFgZwbrMRrOuct.1&jst=2>

CLOTHING COLLECTION

Sr. High Youth Group will once again participate in the [CityReach](#) urban homeless outreach program in downtown Boston. We accept clean and immediately usable items. Please limit your donations to size L or larger. We will be taking donations through January 18th.

WEEK AHEAD

SUNDAY	10:00 AM	Worship Service
	11:30 AM	Fellowship & Coffee
	11:30 AM	SYG
MONDAY	10:00 AM	Grief Group
	1:00 PM	Knot Committee
	6:30 PM	Capital Campaign Workshop - Zoom
TUESDAY	5:00 PM	Leadership Mtg.
	7:00 PM	EJC -ZOOM
	7:00 PM	Vespers
WEDNESDAY	3:30 PM	JYG
	6:00 PM	Membership Mtg.
	7:00 PM	Mens's SGM
THURSDAY	9:30 AM	Short Story Group - ZOOM
	9:30 AM	End of Life Program
	4:00 PM	Youth Choirs
	6:30 PM	Worship Associates
	7:30 PM	Adult Choir
FRIDAY	5:00 PM	Youth Choirs
SATURDAY	9:00 AM	End of Life Program

~check the website calendar for more details~

OPEN GROUPS & PROGRAMS

Faith Development

Sunday (PreK - 7th) during Sun Service
Jr. Youth Group (6th - 8th) Wed 3:30 - 5 pm
Sr. Youth Group (9th - 12th) Sun 2:30 - 4 pm

Choirs

Adult Choir Thur 7:30 pm
Sr. Youth Choirs (6th - 12th) Thur 4:00-4:15pm
Jr. Youth Choirs (3rd - 5th) Thur 4:00-4:15pm
KidSing (age 5-2nd) Contact Janet Welby

Drop-In Meditation Group

1st, 3rd, 4th & last Tue 7pm

Vespers

2nd Tue 7 pm

Women's Book Group

monthly Sun. 6 pm

Short Story Group

Thur 9:30 am

Join a Small Group

contact Rev. Annie

Multigenerational Gaming Gathering

3rd Sun 2 pm

Friday Night Potluck Dinner

1st Fri 6 pm

Immigration Justice Committee

contact Cecile Mercado

UNISON AFFIRMATION

Love is the spirit of this church
And service is its law.
This is our great covenant:
To dwell together in peace,
To seek the truth in love,
And to help one another.

El amor es el Espíritu de esta Iglesia
y el servicio es su ley.
Este es nuestro gran pacto:
Vivir juntos en paz,
buscar la verdad en espíritu de amor,
y ayudarnos los unos a los otros.

“Connect” with us to be added to our email list.



Volunteer



Connect



Donate

Parish Office: Monday to Friday, 10:AM - 2:00 PM
781-275-7994

Church Staff

Senior Minister: Rev. Jamie Hinson-Rieger
minister@uubedford.org

Minister Faith Development: Rev. Annie Gonzalez
ministerfaithdev@uubedford.org

Dir. of FD for Children: Nathan Sellers
dfdc@uubedford.org

Minister Emeritus: Rev. John Gibbons
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parishadministrator@uubedford.org

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cbrooks@uubedford.org

Choir/Music Director: Brad Conner
bconner@uubedford.org

Youth Choir Director: Janet Welby
jwelby@uubedford.org

Organist: Sandra LaBarge-Neumann
Custodian: Joe Mitchell

Parishioner Editor: Carla Bradford
editors@uubedford.org

Parish Board President: Stacy Chandler
boardpresident@uubedford.org

Parish Board: Mark Bailey, Bea Brunkhorst,
Ted Carlson, Peter Cho,
Wendy Innis, Susan Lincoln

Church Committee Chairs

Environmental Justice (EJC): Ginny Steel
Finance: Wendy Innis, *treasurer*
Gallery@FirstParish
Hospitality: Maria Green, Doris Smith

Immigration Justice: Catherine Van Praagh

IT: Cecile Mercado

Lay Pastoral: Sandy Currier

Membership: Elizabeth Connors

Music: TBA

Nominating: Lisa Tohline

Parish Council: Sarah Dorer

Partner Church: Bea Brunkhorst

Personnel: Sharon McDonald

Physical Plant: Carol Gregory

Stewardship: Joel Parks

Social Responsibility: Sarah Dorer, Bill Rabinowitz

Moriah Tumbleson-Shaw

UU Urban Ministry Delegates: Cecile Mercado & Robert Schmalz

FIRST PARISH IN BEDFORD

A UNITARIAN UNIVERSALIST
CONGREGATION



ORDER OF SERVICE

JANUARY 11, 2026
10:00 AM

75 Great Road
Bedford, MA



uubedford.org